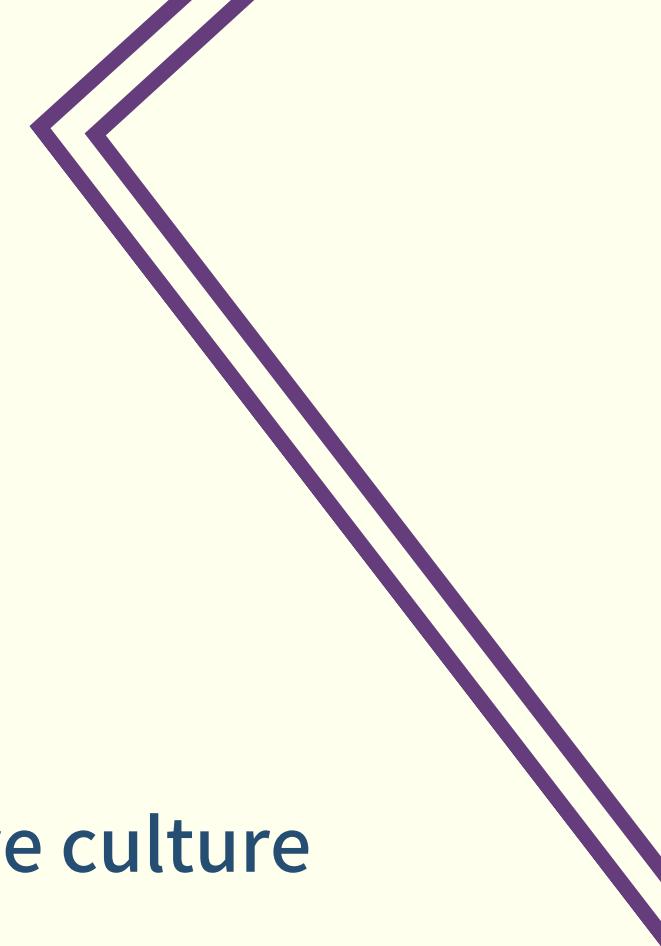




Welcome  
to



Incorporating Your Foot Doctor



# Our Mission



To be leaders and drivers in promoting a **positive culture** around health care, prevention, screening and early intervention.

To provide a patient focused, **collaborative care model** in delivering quality health services by our practitioners and other local health professionals both in clinic and in the community.

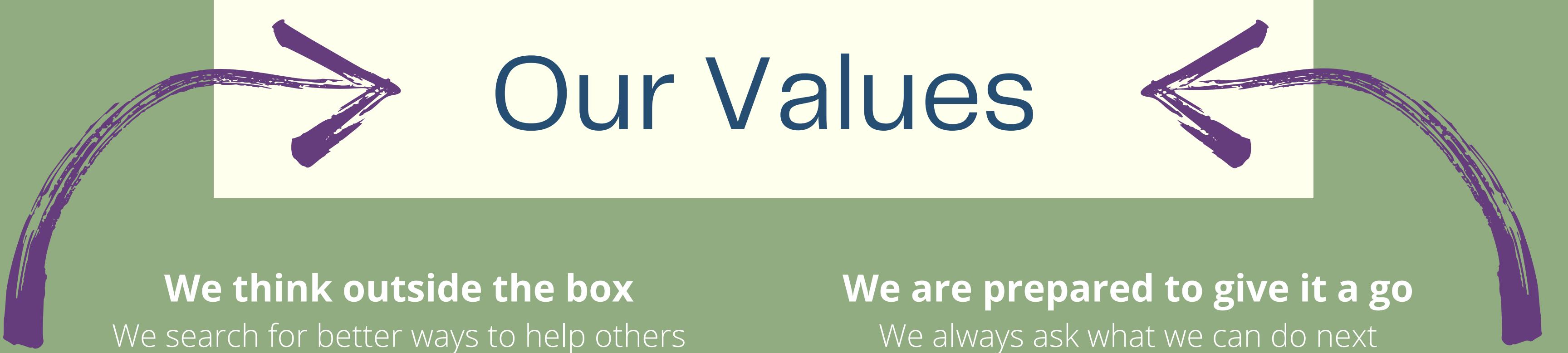
# Who are we?

Our practice began with our owner Rebecca Healey as a sole practitioner in 2003 when her children were babies. In 2014 Rebecca increased the team to another podiatrist and changed the practice name to **Your Foot Doctor**. Until 2021 we had been practicing out of a small house with two full time Podiatrist and two part time admin team members.

**We now have a true multi-d team with 4 Podiatrists, an Exercise Physiologist, two Physiotherapists including a titled Sports Physiotherapist, a sports and remedial massage therapist and two Administrative team members.** In 2021, we designed and built a purpose built clinic at The Chateau - Beckwith Park, including a dedicated rehab studio and consulting rooms to facilitate multi-disciplinary, collaborative care.

Because of this multi-D approach we re-banded to **Footprint Health!**





# Our Values

## We think outside the box

We search for better ways to help others

We use extraordinary thinking to solve ordinary problems

We inspire others to think outside the box

## We are prepared to give it a go

We always ask what we can do next

We are passionate about growth and learning

We inspire others to become better

We take time to reflect

## We are part of our community

We are friendly and fun. We make people smile

We make things personal by helping

you feel part of the family

We work closely with other members

of our community's health team

## We are leaders and drivers

We always have our clients' goals

and values at heart

We treat the person, not just the symptoms and

We empower our clients to be strong

and confident in their bodies and its abilities

# When you work for us

WE BELIEVE  
PEOPLE COME  
FIRST!

WE INVEST IN YOU,  
YOUR CAREER AND  
YOUR OVERALL  
WELLBEING

WE ARE A TEAM  
AND OUR CULTURE  
IS IMPORTANT

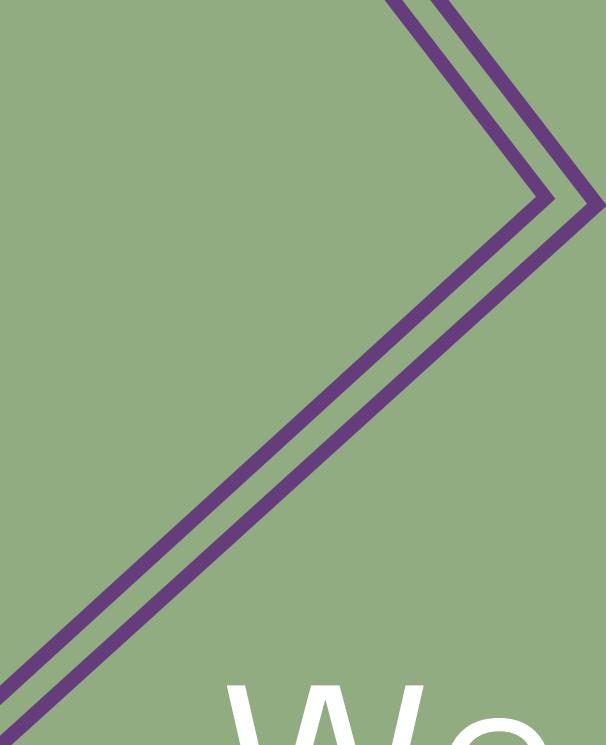
OUR TEAM IS A  
FAMILY AND WE  
LOOK AFTER EACH  
OTHER

 Team Culture Days

 One on one  
mentoring In House  
CPD

 Mentoring specific  
to your profession

We  
Create  
Raving  
Fans



## WHEN YOU JOIN THE FOOTPRINT HEALTH TEAM

You are joining a group of people who are passionate about providing the very best health care to our clients. We are dedicated to helping our clients every step of the way on their health journey.

We are leaders in our health space and our aim is to provide exceptional experiences for our clients.



# What Our Team Loves About Your Foot Doctor



## Nick - Podiatrist

- I love living in the Barossa, seeing a wide range of patient presentations (general, biomechanical, paediatric etc)
- Your Foot Doctor is a respected health clinic in the Barossa that services a significant client base.

## Madeleine - Podiatrist

- I love providing so many different services - NVA, biomechanics, dermatology in one appointment!
- Your Foot Doctor is a supportive, welcoming, festive team environment. Definitely worth the drive!!!

## Sarah - Administration

- We treat the person, not the symptoms is good because its our point of difference, and sets us apart from other practitioners in the area. It creates trust with both our patients and other allied health practitioners.

# What Our Team Loves About Your Foot Doctor

## Melissa - Administration

- I love the friendships between team members and the support from everyone.
- "We are prepared to give it a go" I love how we are willing to try as many options as possible to help our customers both through treatment and even from footwear and general queries. Going the extra mile to help our clients.



## Carla - Exercise Physiologist

- The friendly colleagues and fresh, hard working and team oriented environment.
- Its a great community oriented clinic where you build relationships with team mates and clients .

## Rachel - Podiatrist

- Patients love the facilities and that they are able to see the same practitioner each time they come.
- Its a great experience to meet locals. You get to see clinical presentations that you would likely not see if working in the metro area.

## Stacey - Administration

- I really enjoy the family team environment we have here at YFD, the connections we make with our clients its such a warm friendly place. Time goes so fast during the day because its a fast paced clinic with lots of things to. I also really love having the hour lunch break, to break up the day. have a chat and get to know my team mates and work out together

# Mentoring and Professional Development

## **1:1 Mentoring Sessions**

Weekly 1:1 Mentoring Sessions help you grow and develop in every aspect of your clinical practice

## **1:1 Profession specific mentoring**

Regular access to high quality mentors specific to your profession

## **Practitioner Meetings**

Group setting, multi-disciplinary learning including case studies to learn a variety of approaches to assessment and treatment

## **Team Meetings**

Working together to learn new ways of delivering exceptional health care.

## **CPD Allowance**

Financial help to access external CPD courses  
We also ask our team to present on any external courses to the team so every one upskills!

## **Team Culture Days**

We spend the day learning new ways to provide better care for our clients and spending quality time getting to know each other.

## **Online Courses**

You have access to online courses such as Ultimate Podiatry, Bartold Biomechanics and P3 Exercise Therapies in Podiatric Practice

## **Guest Speakers**

We invite guests who are experts in their field to visit and guide us in our learning.

# How Valuable is our Mentoring?



"You are able to get support for any area of work that you may need." - Rachel

"Mentoring is a nice time to reflect on wins and get Bec's help for the weird and the wonderful cases." - Madeleine

"Mentoring is a really effective platform to express how we feel and to be heard. Makes us feel valued." - Sarah

# Technology and Equipment

## Virtual Reality

For balance training, engagement  
in exercise and pain management



## Shockwave Machine

For non-invasive treatment of  
chronic injuries



# Technology and Equipment

## Treadmill

For gait and running assessments



## 3D Scanner

For orthotic prescription  
with three different laboratories



# Technology and Equipment

## Rehabilitation Gym

We believe that exercise rehabilitation should be the cornerstone of any evidence based management provided by an allied health professional.

Equipment in our on-site clinic rehabilitation gyms include:

- A Smith Machine
- A rowing machine
- A treadmill
- Dumbbell and Kettlebell sets from 1kg to 25kgs
- Power bands for assisted movements
- Virtual Reality headset
- Balance equipment



# Technology and Equipment



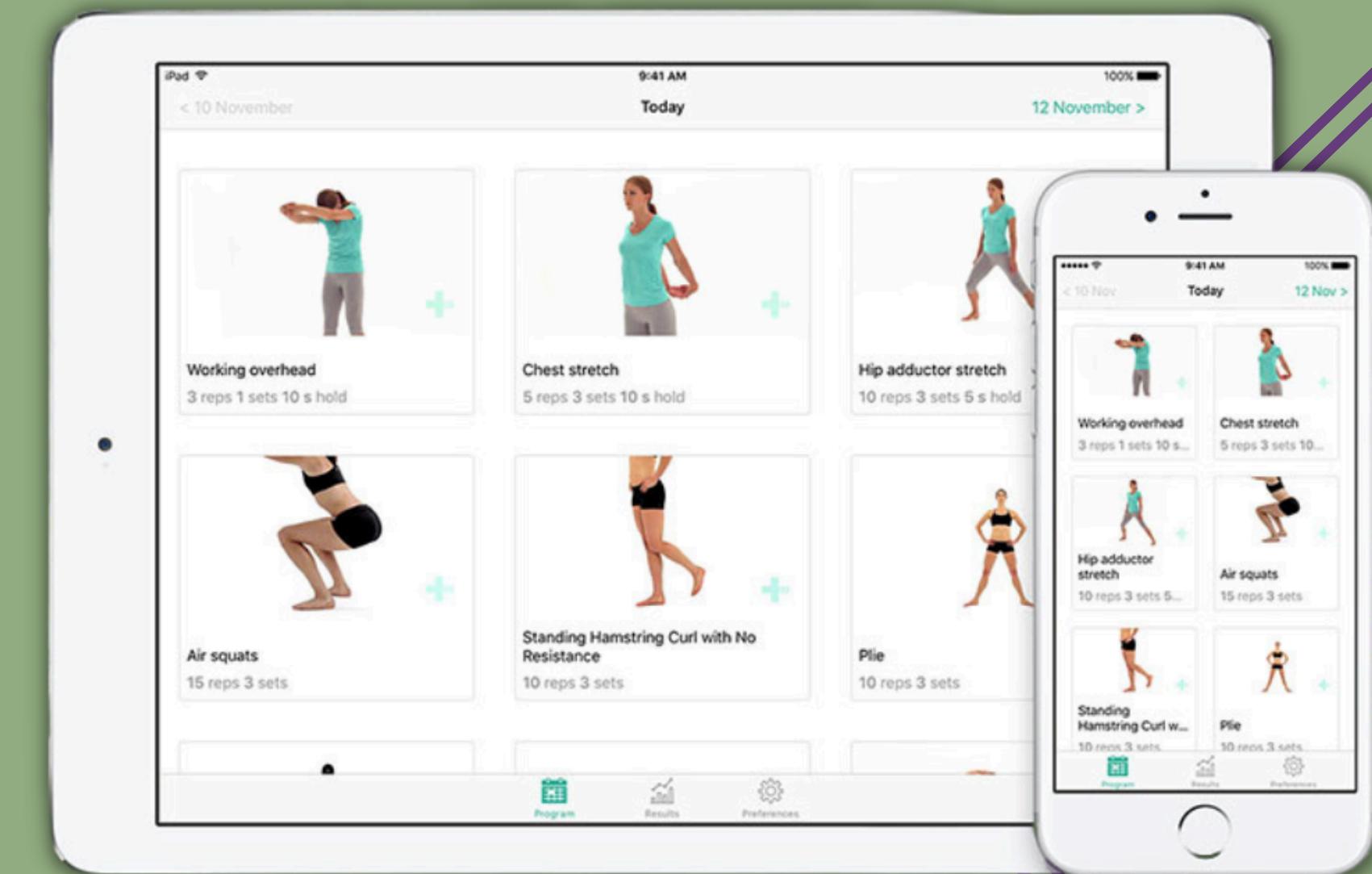
## Onyfix System

For correction of nail shape



## Physitrack program

To aid in exercise prescription



# What you can expect from us

## Honesty

We value honesty and transparency. Whether it's by constructive feedback or being open about the direction of the business and your place within it. We promise to be honest and transparent

## Support

We will support you in achieving your goals. Expect us to provide individual mentoring and accountability so you can grow and improve.

## Team First Approach

We believe that if we only hire the best and we look after our team, our patients will be well looked after too.

## To Be Treated Like Family

When you join our team you are joining a family. We have your best interests at heart in everything we do. We value you and your contributions.

# What we expect from you



## Be a Team Player

We expect everyone to look out for each other.

We collaborate and care for each other.

We ask "How can I Help?" on a regular basis

## Communication

Communication is the key to any good relationship. It is vital for our team, clients and business. We ask that you communicate clearly and respond promptly

## Be an Action Taker

We do what we say, which means that we not only set goals but timeblock, prioritize and stay on top of our tasks. We take responsibility for our actions and behaviours.

## Be Open and Honest

If there is anything you need, whether it's more support or a concern or challenge, please share with us so we can change, help or find solutions together.

# Added Bonuses



## Barossa Living

Live 5 - 10 mins from your work

Live in an inclusive, supportive community

Wine, food, boutique breweries and distilleries

Be in nature. Join a sports team

## Access to Our Practitioners

We like to look after each other which means you can access any of our practitioners and the first consult is on us. Reviews at 50% discount. We also have great rates for your immediate family.

## Exclusive Private Gym Access

Once you have gone through our onboarding process you can access our gym for your own personal use at anytime

## Footwear

Each year you can access your first pair of footwear from our range at cost plus GST.

Subsequent pairs at 30% discount

Archies at cost plus GST

And great rates for your immediate family

# Additional Bonus

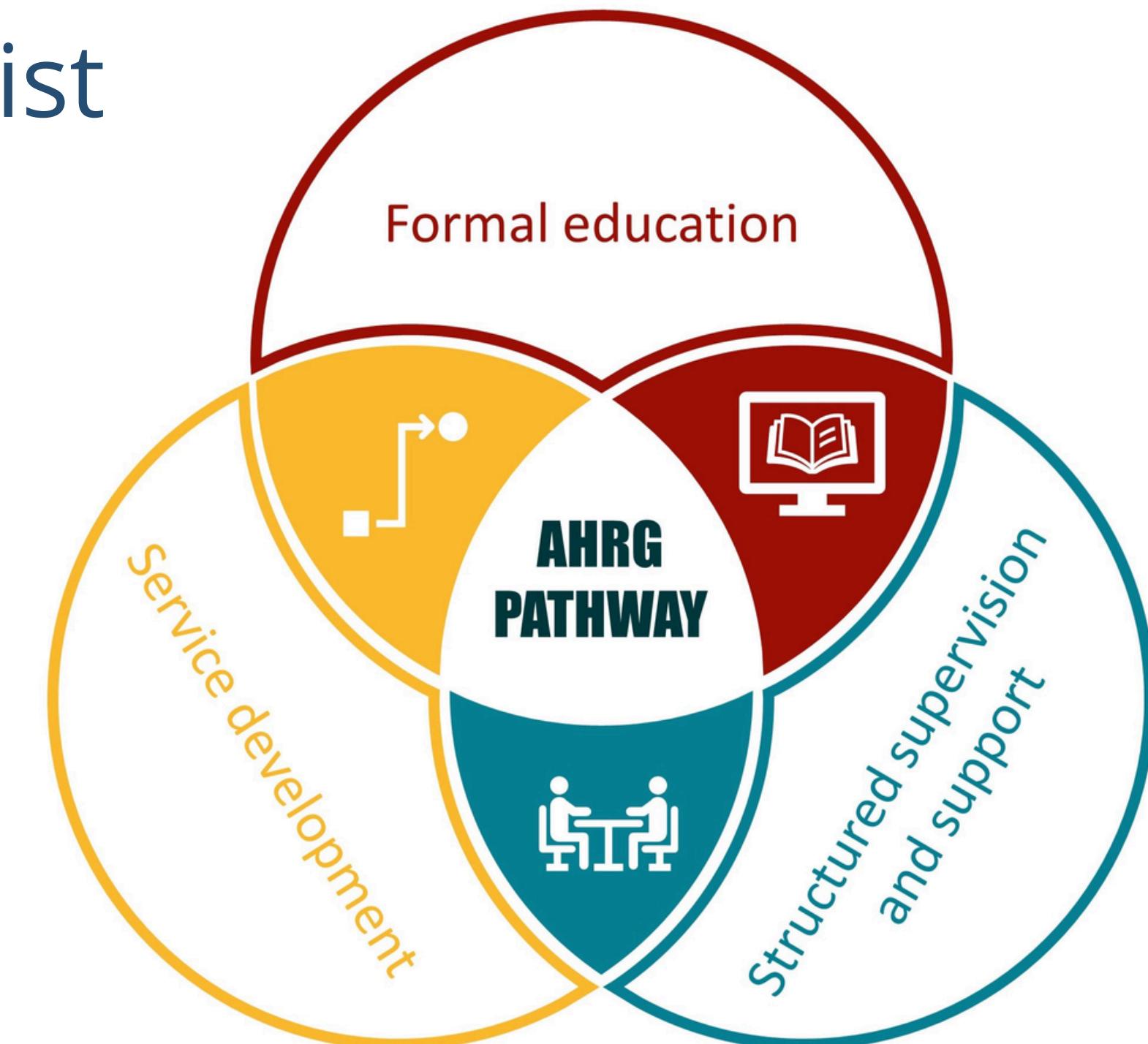


## The Allied Health Rural Generalist Pathway Initiative

\$5000 relocation grant from RDWA, Access to professional development specifically for rural practitioners. The ability and support to undertake education in the Allied Health Rural Generalist Program.

Be part of a Social Prescribing Network in the Barossa Area as part of the Healthy Towns Program.

SARRAH [https://sarah.us8.list-manage.com/track/click?  
u=b804cbbf4f4b80bb09fd2ad2&id=5128afd989&e=b58f180ea8](https://sarah.us8.list-manage.com/track/click?u=b804cbbf4f4b80bb09fd2ad2&id=5128afd989&e=b58f180ea8)



# Our Barossa!

Up for a tree change?

Most of our team live in the Barossa, although it's an easy commute from Adelaide  
What we love about living here!

- Active sports community including netball, football, soccer, hockey, tennis, cricket
- The FOOOOOOD!!!! It's a foodie's paradise up here. Check out El Estanco, Harvest Kitchen, 1918, Ferment Asian, Saltram, Musque and Hive Barossa
- Of course the wine! The is one of the world's best wine regions. You get to chat to winemakers and vigneron's about how to grow grapes and make wine
- The community up here is amazing. It's a great place for singles, couples and families
- You qualify for a RDWA relocation grant of up to \$5000!!



# Our team

Podiatry, Exercise Physiology, Physiotherapy,  
Remdial Massage Therapy

